
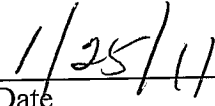


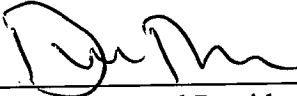
**Policy: WPA Gold Medal School Policy**  
**Approved: January 25, 2011**



1. All students participate in at least 90 minutes of structured physical activity each week at school. This will be accomplished through P.E. (60 minutes), 5-minute classroom energizers and two recesses daily.
2. P.E. is offered by a highly qualified educator.
3. All students will be taught the Health Education Core provided by the Utah State Office of Education.
4. Students participate in a Gold Medal Mile walking program.
5. Established "Safe Routes to School" plan and safe drop-off and pick up maps.
6. Reinforce all school property as a tobacco-free zone (Utah law).
7. Safety committee sponsors one health/safety-related event per year.
8. Supports the WPA Wellness Policy which establishes nutritional standards for all foods available on campus, continues to support the use of healthy foods used as incentives or at school parties and functions and provides an enjoyable cafeteria experience for students.
9. Offer a variety of competitive and non-competitive play at recess and in P.E.
10. Hold recess before lunch when possible and has a 35 minute lunch/recess period (20 minutes lunch/15 minute recess).
11. Discuss progress on our GMS goals and our focus on student health during each Community Council Meeting.
12. Provide wellness resources to families (health, family development, stress management, etc.) at our PTO table.
13. Offers the radKIDS Safety Program to students.
14. Continues to support the healthy food guidelines established in our Bronze and Silver Medal requirements.
15. All students shall have the opportunity to receive breakfast and lunch at school.

  
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Principal's Signature

  
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Date

  
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Dan Rip, Board President

  
\_\_\_\_\_  
Date